

# Hey Girl, You're Awesome!

What? Girls' group that will meet with Mrs. Simmon and focus on empowerment

Who? 4<sup>th</sup> and 5<sup>th</sup> grade girls

When? Fridays during lunch & recess

How often do we meet?

Session 1 – 5<sup>th</sup> grade girls: 9/1, 9/8, 9/15, 9/22, 9/29, 10/6, 10/20, 10/27, 11/3, 11/17, 12/1, 12/8

Session 2 – 4<sup>th</sup> grade girls: 1/12, 1/19, 1/26, 2/2, 2/9, 2/23, 3/1, 3/8, 3/15, 3/22, 4/5, 4/12

What kind of commitment is involved? You must be willing to participate in discussions while showing respect, responsibility & safety during club meetings.

What will we do? Students participating in this club will discuss positive affirmations & coping strategies that will help them to be successful throughout their school day.

Cut here and return the bottom

- Yes, I am interested! I have read the information above and agree to come to all meetings. I am excited and willing to participate.
- No, I cannot commit to this.

Session 1 or 2

Student Name \_\_\_\_\_ Homeroom \_\_\_\_\_

Parent Email \_\_\_\_\_ Parent Phone # \_\_\_\_\_

Parent Signature \_\_\_\_\_

\*Return permission slips to Mrs. Simmon in office 306